

1 Talk about it

21st 🗣️

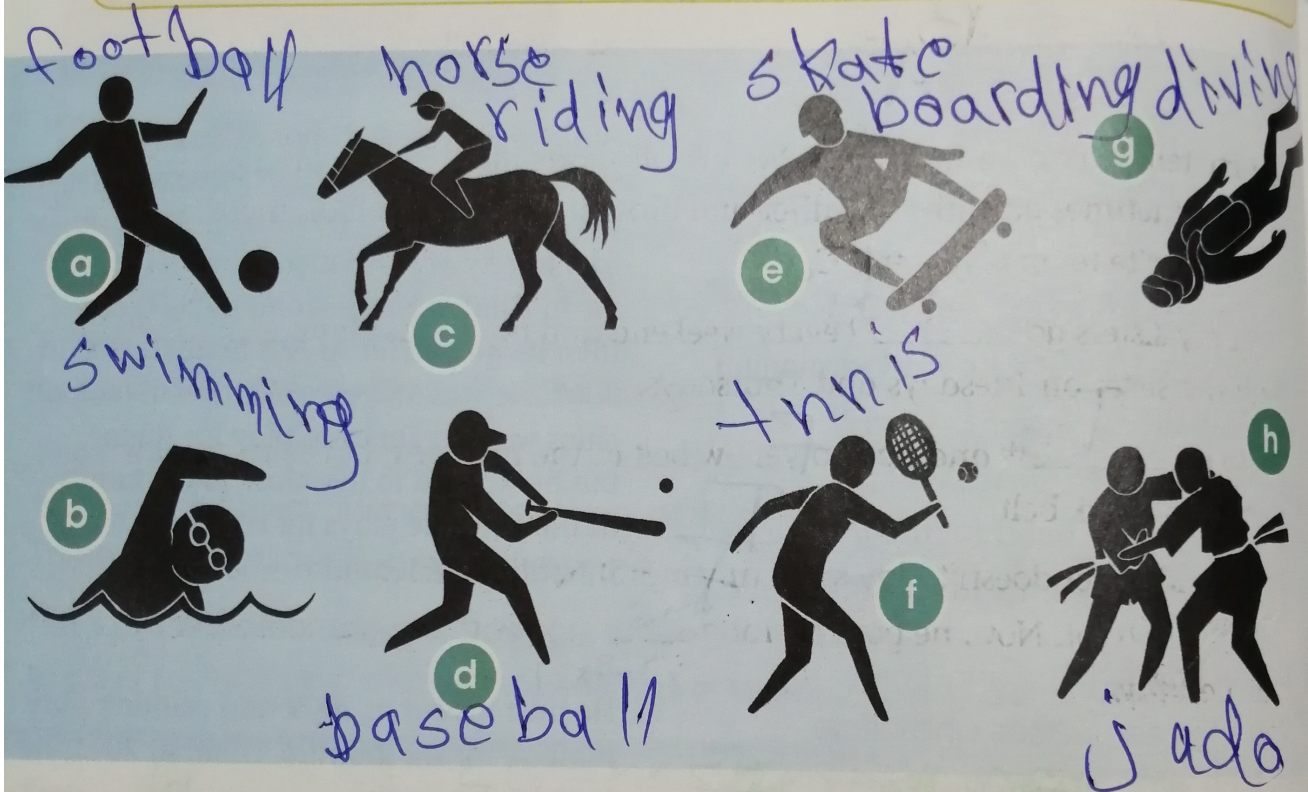
What sports do the members of your family do?

Do you do any sports together? Are there any young sports stars in your country?

2 Word study

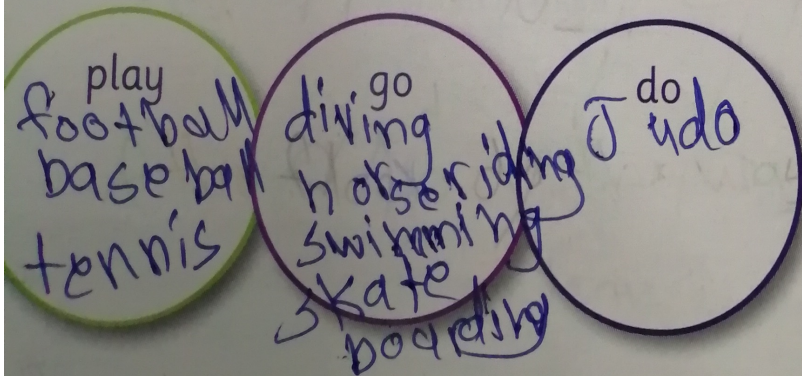
What are the sports shown here? Match the sports a-h with the words in box.

diving horse riding baseball football swimming judo skateboarding tennis



3 Use of English

In your notebook draw three circles and label them **play**, **go** and **do**. Work with a partner and match the verbs with the sports in Activity 2.



Use of English

Sports verbs

My brother **plays** football.
(for sports which use a ball)

I **go** diving.
(for sports which end in **-ing**)

I **do** judo.
(for all other sports)

Write the names of five members of your family.

Write four activities or sports that each person likes doing.

Now write six sentences about your family using **both**, **too** and **but**.

93 **2 Listen and write**

Listen and complete the text with the words from the box.

judo swimming horse riding tennis walks football

Let me tell you about my family. We are all sports mad! I love playing football⁽¹⁾ and I sometimes go with my father and brother to watch football matches. My favourite team is Al Ain F.C.

Both my sisters go swimming⁽²⁾ every weekend and my mum plays tennis⁽³⁾ with her sister on Tuesdays and Thursdays.

I also do judo⁽⁴⁾ and have a yellow belt at the moment, but someday I want to have a black belt.

My grandfather doesn't play sport any more, but he used to go running and walks⁽⁵⁾ a lot. Now, he goes for long horse riding⁽⁶⁾ with my grandmother to stay healthy.



Got here on Wednesday and having a fab time!
My brothers love swimming in the hotel pool!

Yesterday Mum, Dad and I went to the Sheikh Zayed Mosque - it's so beautiful!

In the evening, we had a camel ride (yikes!) and dinner in the desert, it was really yummy! I like eating the local food and want to learn how to cook it!

I hope to see the Emirates Palace before we leave on Sunday!

Say hello to Midiya for me!

Wish you were here!

Noura

Writing tip

When we write postcards we use informal language because we are writing to friends and family. We also only have a small space to write in.

Shorter sentences:

Having a lovely time!

Special phrases:

Say hello to Midiya for me!

Wish you were here!

94 2 Read and listen

Read the postcard in Activity 1 and match the questions 1-6 with the answers

- | | | |
|---|-----------------------------|--|
| b | 1 Who wrote the postcard? | a She was with her family. |
| f | 2 Who did she write to? | b Noura. |
| d | 3 Where did Noura stay? | c She went to the Sheikh Zayed Mosque. |
| a | 4 Who was she with? | d She was in a hotel. |
| c | 5 Where did she visit? | e Yes, she loved it. |
| e | 6 Did she have a good time? | f Khulood. |

Are Noura and Khulood friends or not? How do you know?

3 Word study

Match the words 1-3 with their meanings a-c.

- | | | |
|---|---------|---------------|
| b | 1 fab | a delicious |
| c | 2 yikes | b wonderful |
| a | 3 yummy | c a bit scary |

Why does Noura use these words and not their meanings?

Why does she use so many exclamation marks?

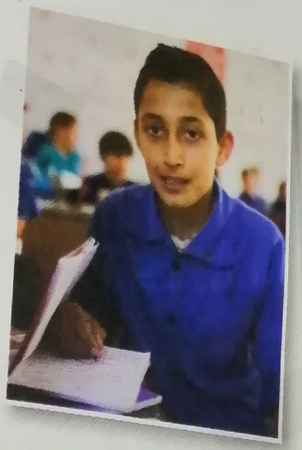
- Where does Essa live? Write the answers a-f.
- 2 Who does he live with?
 - 3 How does he get to school?
 - 4 What is his favourite subject?
 - 5 What is his favourite game?
 - 6 What time does he go to bed?

- a 9 o'clock.
- b His parents and twin brother.
- c Jordan.
- d Football.
- e He walks to school.
- f Geography.

Hello! My name is Essa and I'm 10 years old. I live with my parents and my twin brother, Faisal. We live in a city called Salt, which is in Jordan. My mother usually wakes me up at 5.00 am and I wash my face, I get dressed and eat breakfast. My mother drinks coffee but I never drink it. It tastes funny!

I always walk to school, which starts at 7.00 am and we have lessons in Maths, Arabic, Islamic education, Science, French, Art history and Geography. My favourite subject is Geography because I like to learn about other countries. Morning classes finish at twelve and my school closes from twelve to 2.00 pm. During this time, I often go home to eat lunch.

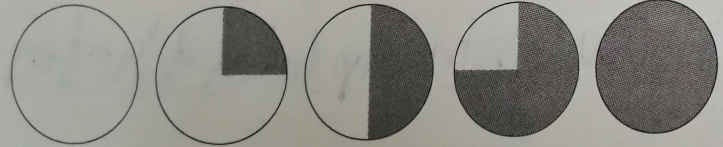
Afternoon classes end at 5.00 pm, and I go home. When I get home, I like to watch television. Sometimes, I play on our PlayStation. My favourite game is football. I start my homework at 7.00 pm and have dinner with my family at 8.00 pm. It's bedtime at 9 o'clock. Good night!



2 Use of English

Match the frequency adverbs with the correct pie charts.

always usually never sometimes often



- 1 always 2 _____ 3 _____ 4 _____ 5 _____

Use of English

Adverbs of frequency

Adverbs of frequency go after the subject and before the verb in sentences.

He **usually** has rice or pasta.
I **always** go to school by bus.

weep the floor make the bed
y the table do the washing up
nop the floor dry the dishes

information in a sentence.

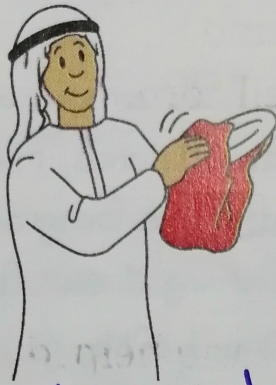
We **dried** the **dishes**.

I **help** my **mother** to **make** the **beds**.

My **sister** **laid** the **table**.



2



3



sweep the floor dried the dishes make the bed



5



6



mop the floor do the washing up laid the table

sentences about the **chores** you do in your home.

works

I keep my clothes in the cup b

What do you do to help your family? *yes, I do. I make the bed*

2 Read and listen

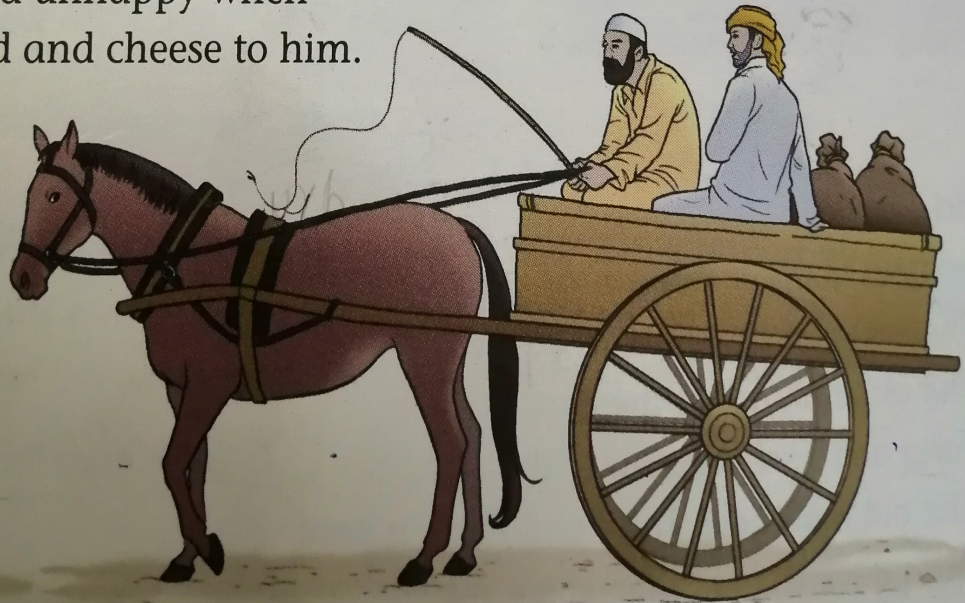
Look at the pictures. What do you think happens in the story?
Now listen and read to see if you were correct.

Helping others

There was an old man who was very *not rich* **poor**. He carried a small bag on his back and had a long stick and walked a very long way, looking for his son.

Two men came on a horse and cart. Their names were Tariq and Fares and they were going to the market to sell corn. They asked if the old man wanted a ride because he looked very tired and hungry.

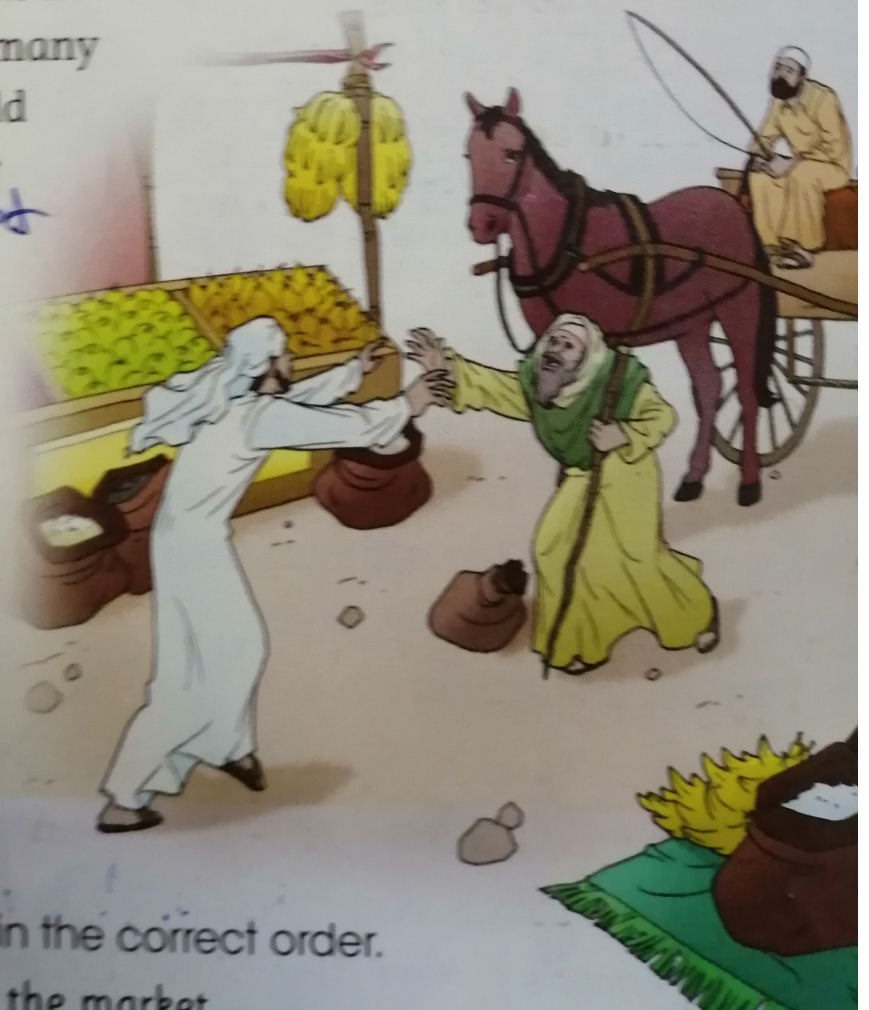
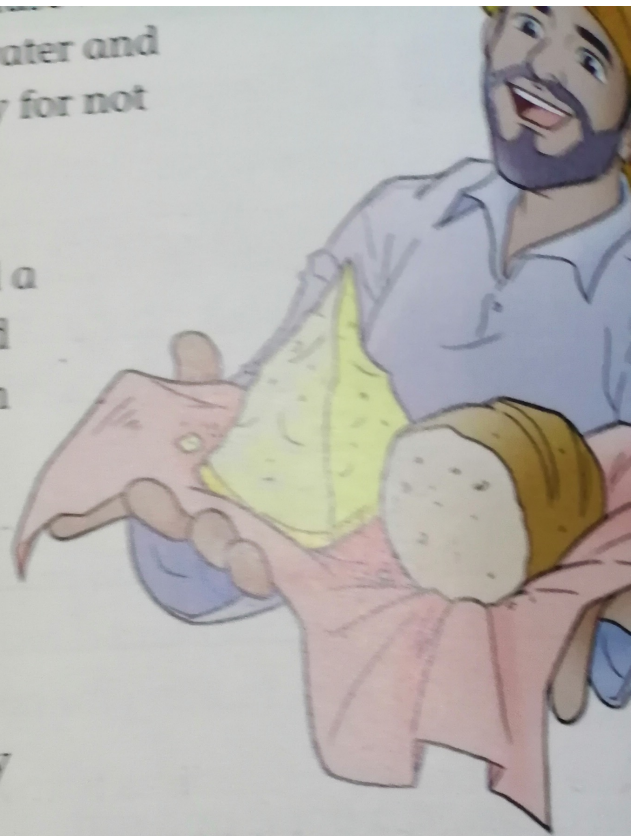
The old man was very happy and Tariq helped him climb into the cart. Tariq smiled at the old man and asked him if he wanted something to eat. Fares didn't want to give the old man their food and he was angry and unhappy when Tariq gave their bread and cheese to him.



The old man was very thankful to Tariq because he was
very hungry. Next, Tariq **gave** offered him some water and
the old man drank it quickly. Fares said sorry for not
wanting to share the bread and cheese.

They arrived at the busy market. They heard a
voice shouting 'Father! Father!' It was the old
man's son. They were very happy to see each
other again. The old man was very happy
because Tariq helped him and was kind.
He looked in his bag and pulled out a
small seed.

He gave the seed to Tariq and Fares and they
planted it in their garden to grow. The seed
grew into a date palm tree and many
years later, Tariq and Fares would
stand under the tree and **remember**
the old man.



Read

Read and put the sentences in the correct order.

The old man saw his son at the market

	Opposite adjective
kind	unkind
happy	unhappy
important	unimportant
tidy	untidy
true	untrue
clean	unclean

With some adjectives, you can make the opposite adjective by adding **un** to the start of the word.

happy - **un**happy
friendly - **un**friendly
important - **un**important

Write

Choose the correct adjectives from Activity 1 and complete the sentences.

- Dubai is in Qatar. This is untrue.
- It is kind to be helpful to everyone.
- It makes me feel happy when I help people.
- When I leave my things on my bedroom floor, my room is untidy.
- It is important to wash your face and hands and be clean.



Values

Think about how you could be kind and helpful in these situations.

Try to use the words from Activities 1 and 2.

Fahad won't help his brother do his homework. unkind

Mariam's sister's room is very messy. untidy

After dinner, Omar's mother is very tired but the kitchen is dirty. helpful

Haya's father is sad because his mother is ill but he doesn't have

time to visit her. unhappy

correct order, from most frequent to least frequent

sometimes never always often usually

Talk about your daily routine using the frequency adverbs. Ask and answer questions with your partner.

When do you play tennis?

I sometimes play tennis on Wednesdays.

2 Word study

Fill in the missing verbs 1-3. Can you think of more sports for each column?

1 _____	2 _____	3 _____
football		walking
baseball	judo	horse riding
		diving

98 3 Listen

Listen and complete the text with the words in the box.

clean laundry dry chores beds

I always help my family with household chores⁽¹⁾ because it is important to help each other. If my mother is the only one cleaning, then it will take a very long time, so all my family helps to do it, and it takes a short time.

I always help my mum make the laundry⁽²⁾ and dry⁽³⁾ the dishes. My younger sister mops the floor and tidies the living room. There is always a lot of bed⁽⁴⁾ to do as we have a big family, but my grandmother always does this. She says she loves doing laundry because everything smells fresh and clean⁽⁵⁾!

